


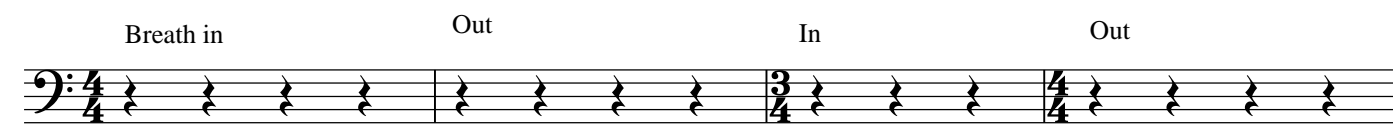
Basic Routines


for Trombone

Breathing:

1. Think of the word WOAH!
2. Listen for low pitch to the breath.
3. Keep a relaxed posture.






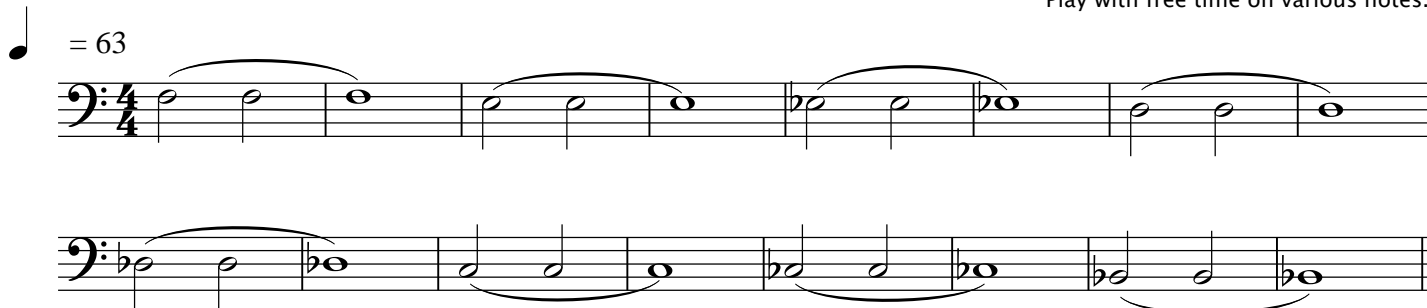


Long Tones:

1. Strive for great tone all the time.
2. Always use a tuner / metronome.
3. Start long tones on Bb and F as well.




Play with free time on various notes.



Lip Slurs:

1. Keep a continuous air stream without any breaks between notes.
2. Be careful of sagging pitch in descending slurs.
3. Make sure you always use a metronome, accuracy is more important than speed.





Lip Slurs cont.

6 7

Scales and Arpeggios:

1. Accuracy is more important than speed.
2. Play different rhythms and articulations.
3. Work all major and minor keys.

Simple Tunes:

1. Play, Sing, and buzz.
2. Transpose to other keys.
3. find other tunes, patriotic tunes work well.